

## LOGIN GUIDE

This login guide provides the specific login information for your device. Please refer to the manual for all information on using myDiabby Healthcare\*.

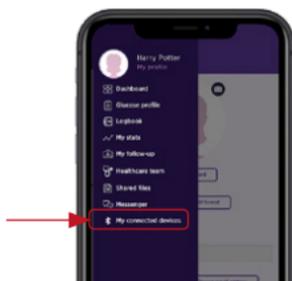


## Linking the meter with the myDiabby application

**1** Make sure the meter is set to the correct date and time to use connectivity with the myDiabby application.

**2** **Enable Bluetooth** on the smartphone.

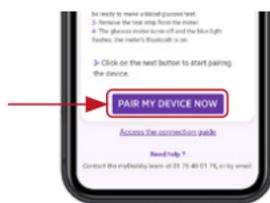
**3** Log in to the **myDiabby application** and open the **"My connected objects"** tab



**4** **Enable Bluetooth on your Contour next ONE Blood Glucose Meter:** to do this, **press and hold the OK button until the BLUE light on the meter flashes** and the Bluetooth symbol  on the meter screen goes on.

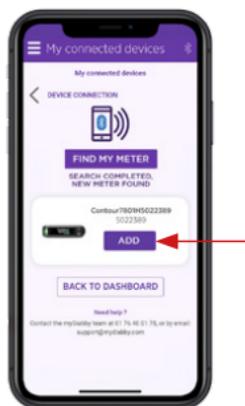


**5** Click on the **"Connect my meter"** button, then on **"Find my meter"** to start the pairing.



**6** The meter appears on the screen. Click on **"Add"**.

Your meter is now linked to your myDiabby application!



# Daily use

- 1 **Test your blood sugar level** with the meter as usual.



- 2 When the blood sugar result is shown on the meter's screen, the Bluetooth symbol indicates that the meter is ready to send the result to the myDiabby application.

- 3 Make sure that **Bluetooth is enabled on the smartphone**, and **open the myDiabby application**, next to the meter still on.

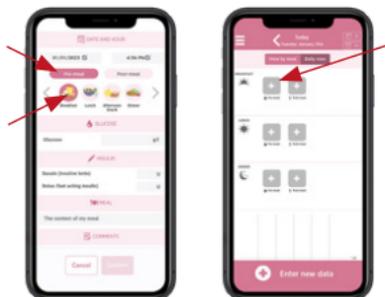
- 4 **The blood sugar result is automatically sent to the myDiabby application!**

If you need to change the meal or time of day for this blood sugar level, you can click on it and enter the relevant information.



## If you have gestational diabetes:

If you have gestational diabetes: once the blood sugar level appears on the myDiabby application, **CHECK** or **VERIFY** the time of day so that the result is in the right place in the logbook. You can **add comments** or insulin doses.



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If you have any questions about the myDiabby application:  
[support@mydiabby.com](mailto:support@mydiabby.com) or by phone

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\*The manual is available for download and consultation on the myDiabby Healthcare platform.

